

NEUROPLASTICITY

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1. THE ABILITY OF THE BRAIN TO FORM AND REORGANIZE SYNAPTIC CONNECTIONS, ESPECIALLY IN RESPONSE TO LEARNING OR EXPERIENCE OR FOLLOWING INJURY.

"NEUROPLASTICITY OFFERS REAL HOPE TO EVERYONE FROM STROKE VICTIMS TO DYSLEXICS"

WE WILL EXPLORE NEUROPLASTICITY MORE IN DEPTH IN THE LESSONS TO FOLLOW, BUT JUST KNOW THAT YOU HAVE THE POWER WITHIN YOU TO PHYSICALLY ALTER YOUR COGNITION AND

CHANGE THE WAY YOU EXPERIENCE LIFE!

